



## Natural Antioxidants in Human Health and Disease

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### Message from the Guest Editor

Dear Colleagues,

Oxidative stress, defined as an overproduction of reactive oxygen (ROS) and nitrogen species (RNS) in cells and tissues, plays a pathogenic role in the development of several inflammatory chronic diseases, especially in the case of atherosclerosis, hypertension, obesity, diabetes, metabolic syndrome, and cancer.

This Special Issue is a collection of research and review articles on the preclinical and clinical benefits of natural antioxidants, with special interest in human health and disease. The aim of this Special Issue is to collect literature that reflects the actual state of the art and increase our knowledge of natural antioxidants and the mechanism of action in their physiological and pathophysiological role. Further, their bioavailability and biotransformation events should be considered to identify the most likely final effectors in cells and tissues.

As the Guest Editor of this Special Issue, I cordially invite researchers from all around the world to contribute by submitting original research articles, long and mini review papers, short notes, and opinions in accordance with their expertise.

Dr. María Herranz-López  
Guest Editor





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## Message from the Editor-in-Chief

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